



21. – 22. November 2024

# 1<sup>st</sup> Lucerne Shoulder Course

Instructional Course

Hands-On Cadaver Workshop

# Dear colleagues, dear shoulder friends

We cordially invite you to the first Lucerne Shoulder Course.

Shoulder surgery is a wide field of orthopedic and trauma surgery including arthroscopy, open surgery, arthroplasty and even fracture management. Together with an international faculty, we will present current surgical techniques. This course focuses on hands-on practice in our Skills Lab including discussions in small groups. The maximum number of participants is limited to 20 with at least 10 instructors to guarantee a high level of interaction with more experienced shoulder surgeons.

We use fresh-frozen cadavers in our modern Skills Lab located on the campus of the Lucerne Cantonal Hospital. We are delighted to show you insights from rotator cuff repair to latarjet, brachial plexus release and different kinds of fracture management of the proximal humerus.

We look forward to welcoming you in Lucerne!

Roland Camenzind



Frank Beeres



# Faculty

In alphabetical order

## Course Directors

Roland Camenzind, Lucerne, Switzerland

Frank J.P. Beeres, Lucerne, Switzerland

## Faculty

Alex Schallberger, Stans, Switzerland

Christian Spross, Zurich, Switzerland

David Haeni, Basel, Switzerland

Javier Martin, Mexico-City, Mexico

Jules-Nikolaus Rippke, Basel, Switzerland

Julien Serane-Fresnel, Paris, France

Karl Wieser, Zurich, Switzerland

Louis Gossing, Wavre, Belgium

Lucca Lacheta, Munich, Germany

Pascal Fankhauser, Wolhusen, Switzerland

Philipp Stillhard, Chur, Switzerland

Radu Amon, Andenne, Belgium

# Agenda

Thursday, 21. November 2024

## Orthopedics

**08.00 – 08.30** Welcome & Registration

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**08.30 – 09.30** Introduction  
Indication & Technique:  
10' Rotator cuff repair and biceps tenodesis  
10' Bankart repair  
10' Latarjet  
10' AC-joint stabilization  
10' Shoulder Arthroplasty

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**09.30 – 09.45** Coffee Break & Change Rooms Wetlab/Auditorium

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**09.45 – 13.00 Lab Session 1 & Break Out Session**

Participants are divided into 2 groups

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09.45 – 11.15 Group 1 → Wetlab

- Rotator cuff repair & biceps tenodesis
- Instability (Bankart repair) & AC-joint stabilization

Group 2 → Auditorium

- Break Out Session with Arthrex/Medacta & Case Discussion

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11.15 – 11.30 Coffee Break & Change Rooms Wetlab/Auditorium

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11.30 – 13.00 Group 2 → Wetlab

- Rotator cuff repair & biceps tenodesis
- Instability (Bankart repair) & AC-joint stabilization

Group 1 → Auditorium

- Break Out Session with Arthrex/Medacta & Case Discussion

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**13.00 – 13.45** Lunch Break

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**13.45 – 16.30 Lab Session 2**

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- Latarjet
  - TSA
  - RTSA
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**16.30 – 17.00** Arthroplasty Challenge with c-arm check

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**18.30** Course Dinner at Restaurant Pfistern, Kornmarkt 4, 6004 Luzern

# Agenda

Friday, 22. November 2024

Trauma

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**08.00 – 09.00** Introduction  
Indication & Technique:  
10' Arthroscopic plexus release  
10' Cuff salvage  
10' Nail & Plate  
10' MIPO  
10' Fracture reverse total shoulder

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**09.00 – 09.15** Coffee Break & Change Rooms Wetlab/Auditorium

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**09.15 – 13.00 Lab Session 3 & Break Out Session**

Participants are divided into 2 groups

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09.15 – 11.00 Group 1 → Wetlab

- Arthroscopy: Preparation suprascapular nerve & plexus release
- Proximal humerus fracture (MIPO and/or Nail)

Group 2 → Auditorium

- Break Out Session with Arthrex/Medacta & Case Discussion

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11.00 – 11.15 Coffee Break & Change Rooms Wetlab/Auditorium

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11.15 – 13.00 Group 2 → Wetlab

- Arthroscopy: Preparation suprascapular nerve & plexus release
- Proximal humerus fracture (MIPO and/or Nail)

Group 1 → Auditorium

- Break Out Session with Arthrex/Medacta & Case Discussion

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**13.00 – 13.45** Lunch Break

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**13.45 – 16.30 Lab Session 4**

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- Proximal humerus fracture (ORIF)
  - RTSA fracture
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**16.30 – 17.00** Fracture Challenge with c-arm check

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# Terms & Conditions

## Course Language

English

## Registration

[www.luks.ch/LSC/Nov24](http://www.luks.ch/LSC/Nov24)

## Information

Sandra Carulli & Fabienne Schmid

[skillslab@luks.ch](mailto:skillslab@luks.ch)

+41 41 205 62 40

## Accommodation Recommendation

Hotel zum Anker

Hotel Waldstätterhof

Hotel Radisson Blu

Hotel Continental

## Credits

Swiss Orthopaedics: 16 credits

SGC: 14 credits

Patronage: AGA, DVSE & SECEC



## Course Fee

CHF 1'700.00 (excl. VAT)

## Bank Details

Please wire the course fee to the following bank account:

Bank: Luzerner Kantonalbank AG

In favor of: LUKS Spitalbetriebe AG,

Spitalstrasse, 6000 Luzern 16

IBAN: CH44 0077 8158 8310 1200 8

BIC/Swift: LUKBCH2260A

**Additional Info: 259273** → please necessarily indicate this info with payment

An invoice can be issued upon request.

The course fee includes:

Coffee breaks & lunches during the course duration, course dinner on Thursday, 21.

November 2024, 20 fresh frozen specimens

The number of participants is limited to a maximum of 20 with an allocation of a first pay, first served basis.

Guaranteed participation will only be confirmed after receipt of course fee.

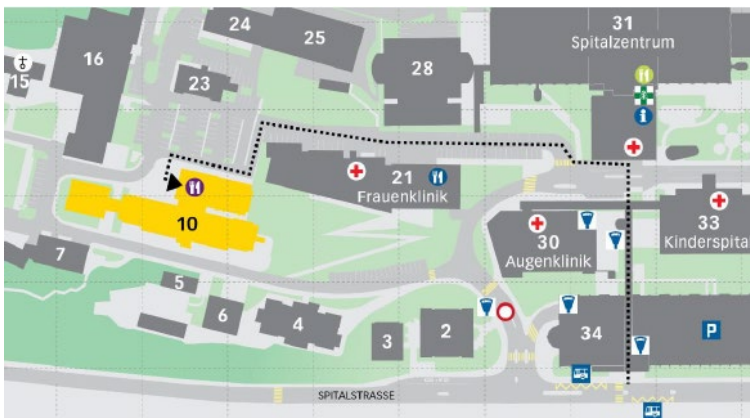
# Venue

Luzerner Kantonsspital

Skills Lab, Haus 10

Spitalstrasse

6000 Luzern 16



# Industry Partners

In alphabetical order

